

# Preschoolers

## Preschool Programs

Most classes held at: NKCC  
North Kirkland Community Center  
12421 103rd Ave NE ★ 425.587.3350

### Preschool Class Requirements

- ★ Children must be able to follow directions and participate in small group setting without a parent.
- ★ Please take your child to the bathroom before class.
- ★ No siblings other than infants in carriers; registered participants only.
- ★ Refer to class description for "no class" dates.
- ★ Please be on time for drop-off and pick-up!
- ★ If we cancel an individual class, we will make it up when the schedule allows. If the schedule does not allow for a make-up class, a refund will be issued. No make-ups are available for missed classes.
- ★ Refund policy is on page 13.

## ABC & 123 "Preschool & Kindergarten Readiness"

### Ages 3½-4

Children must be able to follow directions and participate in a small group setting without a parent but we know how scary your first class can be, so bring your mom the first day and see how easy it is to meet new friends. In this small group setting with a 1 to 8 teacher to student ratio the teacher will work with your little one on socialization skills, like learning to share and playing with others. She will teach letter and color recognition, number sequencing, and seasons. She'll even sprinkle in stories, play, and art, while doing creative group and individual projects. Learning has never been so much fun!

1255	Tue	Apr 11-June 20	10:40am-11:55am
\$146 R / \$175 NR NKCC Instr: Pamela Fisher			

*ABC takes a break during the summer and returns in the fall!*



## Art Adventures (Parent Participation Optional)

### Ages 3-5

You're a little bit older, and now ready for this, a safari in art you won't want to miss. So lace up your boots, on a hunt we will go, that will take us through paint lands and mountains of dough. We'll capture the colors and textures and more, and release them to projects you're sure to adore.

1243	Wed	Apr 12-26	10:30am-11:15am
1244	Wed	May 3-17	10:30am-11:15am
1245	Wed	May 31-June 14	10:30am-11:15am
\$24 R / \$29 NR NKCC Instr: Bryttney Rader			

## Creating in the Kitchen with Karen

### Ages 3-5 years (children only)

Nurture curiosity in this tasty class where your child will practice creativity and culinary skills while learning kitchen safety and developing healthy eating habits. Plan, prep, and prepare for a gastronomic good time!

*Location: McAuliffe Park, 10824 NE 116th St, Kirkland (enter off of 108th Ave NE.) No class 5/29 & 7/4.*

*\$10 supply fee payable to instructor*

1229	Mon	Apr 10-June 5	2:30pm-3:30pm
1235	Mon	June 12-July 31	2:30pm-3:30pm
\$72 R / \$86 NR McAuliffe Park Instr: Karen Renfroe-Gielgens			

## Jr. Mechanical Engineering: Mechanical Toys

### Ages 4-5

The curriculum for the Junior Mechanical Engineering: Mechanical Toys is designed to introduce our youngest students to the field of mechanical engineering through the design and construction of various toys ranging from boomerangs to guitars. Through this process, students not only build fun and fantastic mechanical toys, but also begin to understand fundamental concepts of energy, motion, and materials. Join us and engineer your very own mechanical toys!

*\$35 supply fee payable to the instructor at first class.*

1376	Wed	Apr 12-May 17	1pm-1:45pm
\$100 R / \$120 NR NKCC King Co. Engineering for Kids			



## Young Rembrandts Preschool Drawing Workshops

### Let's Draw Toys

**Ages 3½–5**

Every Saturday Morning, we will draw a different toy! From a cuddly stuffed animal to a silly jack-in-the-box, you will learn to draw all sorts of fun playthings.

1850	Sat	Apr 8–29	9am–9:45am
\$39 R / \$47 NR	NKCC	Instr: Young Rembrandts	

### Let's Draw a Garden!

**Ages 3½–5**

We will draw a garden and everything in it. Not just flowers, but snails, bees, and all sorts of surprises await us in our colorful garden.

1853	Sat	May 6–20	9am–9:45am
\$39 R / \$47 NR	NKCC	Instr: Young Rembrandts	

### Let's Draw Summer Fun

**Ages 3½–5**

Let's draw fun things to do in the summer, like picnics, camping, and visits to the ocean. We'll top off the fun by drawing a colorful merry-go-round. Join us for artistic summer fun!

1855	Sat	June 3–24	9am–9:45am
\$39 R / \$47 NR	NKCC	Instr: Young Rembrandts	

### Let's Draw a Beach!

**Ages 3½–5**

Get ready to soak in the sun's rays as we draw seashells, starfish, and even mermaids! Enjoy drawing pictures of fun in the warm summer sun.

1856	Sat	July 8–29	9am–9:45am
\$39 R / \$47 NR	NKCC	Instr: Young Rembrandts	

### Let's Draw a Castle!

**Ages 3½–5**

Pretend you're the king or queen of a castle. What kinds of crown would you wear? What would you do if you met a dragon? Have fun drawing everything in your own imaginary castle.

1857	Sat	Aug 5–26	9am–9:45am
\$39 R / \$47 NR	NKCC	Instr: Young Rembrandts	

## Preschool Music

### Move Over Mozart Piano Classes

A piano-learning program where children participate in musical activities and learn from each other as well as their teacher. Learn to play familiar tunes on the piano, read music, and basic music theory for a lifetime of musical enjoyment. Having a piano at home is recommended but not required. Class recitals are scheduled throughout the year. New materials each session.

*A one-time, \$10 materials fee, payable to instructor, is due on the first day of class. Class size is limited to 6. Additional classes may be added based on wait lists. For more information visit [movemovermozart.net](http://movemovermozart.net). No class 5/29, 7/3 and 7/4.*

#### Ages 3½–4

1570	Mon	Apr 10–June 12	4pm–4:30pm
1571	Mon	Apr 10–June 12	5pm–5:30pm
\$99 R / \$119 NR	NKCC	Instr: Move Over Mozart	
1572	Tue	Apr 11–June 13	4:30pm–5pm
1573	Thur	Apr 13–June 15	4pm–4:30pm
1574	Thur	Apr 13–June 15	5:30pm–6pm
\$110 R / \$132 NR	NKCC	Instr: Move Over Mozart	
1575	Mon	June 19–Aug 21	4pm–4:30pm
1576	Mon	June 19–Aug 21	5pm–5:30pm
2316	Tue	June 20–Aug 22	4:30pm–5pm
\$99 R / \$119 NR	NKCC	Instr: Move Over Mozart	
1577	Thur	June 22–Aug 24	4pm–4:30pm
1578	Thur	June 22–Aug 24	5:30pm–6pm
\$110 R / \$132 NR	NKCC	Instr: Move Over Mozart	

#### Ages 5–6

1539	Mon	Apr 10–June 12	4:30pm–5pm
\$99 R / \$119 NR	NKCC	Instr: Move Over Mozart	
1542	Tue	Apr 11–June 13	4pm–4:30pm
1544	Thur	Apr 13–June 15	4:30pm–5pm
1546	Thur	Apr 13–June 15	6pm–6:30pm
\$110 R / \$132 NR	NKCC	Instr: Move Over Mozart	
1548	Mon	June 19–Aug 21	4:30pm–5pm
1552	Tue	June 20–Aug 22	4pm–4:30pm
\$99 R / \$119 NR	NKCC	Instr: Move Over Mozart	
1554	Thur	June 22–Aug 24	4:30pm–5pm
1556	Thur	June 22–Aug 24	6pm–6:30pm
\$110 R / \$132 NR	NKCC	Instr: Move Over Mozart	

### Move Over Mozart Advanced Piano Classes

**Ages 5–7** Admittance needs prior teacher approval.

*For information visit [moveovermozart.net](http://moveovermozart.net). No class 7/4.*

1560	Tue	Apr 11–June 13	5pm–5:30pm
\$110 R / \$132 NR	NKCC	Instr: Move Over Mozart	
1565	Tue	June 20–Aug 22	5pm–5:30pm
\$99 R / \$119 NR	NKCC	Instr: Move Over Mozart	

## Knee Hi Investigators for 4's

*In this preschool class we will investigate a variety of topics and include a science experiment or art activity. Each session there will be a new topic.*

### Sit, Speak & Roll Over

**Age 4**

What is the difference between dog fur and hair? Can dogs understand what you are saying to them? What does it mean when they show their teeth? What wild animal is the dog related to? We'll investigate these mysteries and more, and during this class do fun things like make puppy ears and dog bones.

1851	Tue	Apr 11–25	10:30am–11:30am
\$35 R / \$42 NR	NKCC	Instr: Alexandra Wallace	

### Gears, Gas & Go

**Age 4**

Learn what makes a car go! Why does a car drink gas, water and oil? How do gears make a car go fast? How old is the first car? We'll investigate these mysteries and more, and during this class do fun things like make our own paper tube cars, a license plate or car wash, and paint with wheels!

1852	Tue	May 9–23	10:30am–11:30am
\$35 R / \$42 NR	NKCC	Instr: Alexandra Wallace	

### Skittles, Rainbows, & Dots

**Age 4**

How is a rainbow created? What colors are found in nature? How do colors make you feel? Where did the color fuchsia come from? We'll investigate these mysteries and more, and during this class conduct science experiments with colors, create a rainbow, and stained glass or a stop light.

1854	Tue	June 6–20	10:30am–11:30am
\$35 R / \$42 NR	NKCC	Instr: Alexandra Wallace	

## Preschool Dance

### Preschool Ballet A

**Ages 3–4½**

This exciting introduction to creative dance emphasizes musical expression, coordination and movement exploration. Mirrors and music create an enchanting dance environment. Parents may join us for the last class to watch and take pictures. **Ballet slippers required!** No class 5/27, 5/29 and 7/17–22.

1579	Mon	Apr 10–June 12	9:45am–10:30am
1584	Sat	Apr 15–June 17	9am–9:45am
1586	Sat	Apr 15–June 17	9:50am–10:35am
1587	Wed	Apr 12–June 7	10:30am–11:15am
1588	Wed	Apr 12–June 7	11:25am–12:10pm
1589	Thu	Apr 13–June 8	10:20am–11:05am
1590	Mon	June 19–Aug 21	9:45am–10:30am
1594	Wed	June 21–Aug 23	10:30am–11:15am
1595	Wed	June 21–Aug 23	11:25am–12:10pm
1596	Thu	June 22–Aug 24	10:20am–11:05am
1597	Sat	June 24–Aug 26	9am–9:45am
1598	Sat	June 24–Aug 26	9:50am–10:35am

\$65 R / \$78 NR

NKCC

### Preschool Ballet B

**Ages 4–6**

Older preschoolers and children with previous dance experience will explore musicality, artistic expression and a repertoire of dance steps. Parents may join us for the last class to watch and take pictures. **Ballet slippers required!** No class 5/27, 5/29 and 7/17–22.

1599	Mon	Apr 10–June 12	11:25am–12:10pm
1600	Sat	Apr 15–June 17	10:40am–11:25am
1601	Thu	Apr 13–June 8	11:15am–12pm
1602	Mon	June 19–Aug 21	11:25am–12:10pm
1603	Thu	June 22–Aug 24	11:15am–12:10pm
1604	Sat	June 24–Aug 26	10:40am–11:25am

\$65 R / \$78 NR

NKCC

### Preschool Ballet/Tap Combo A

**Ages 3–4½**

Remember your first pair of shiny black tap shoes? We do! Tap was so much fun we added it to our Preschool Ballet Class! This class will introduce the very beginning movements of ballet and the toe tapping sounds of tap. Parents may join us for the last class to watch and take pictures. **Ballet slippers and tap or dress shoes required!** No class 5/29, 7/4 and 7/17–22.

1605	Mon	Apr 10–June 12	10:35am–11:20am
1606	Tue	Apr 11–June 6	4pm–4:45pm
1607	Thu	Apr 13–June 8	9:30am–10:15am
1608	Mon	June 19–Aug 21	10:35am–11:20am
1609	Tue	June 13–Aug 22	4pm–4:45pm
1610	Thu	June 22–Aug 24	9:30am–10:15am

\$65 R / \$78 NR

NKCC

### Preschool Ballet/Tap Combo B

**Ages 4–6**

Ballet and Tap are explored in this class for the older preschooler and also for children with previous dance experience. Parents may join us for the last class to watch and take pictures. **Ballet slippers and tap or dress shoes required!** No class 7/4, 7/18, 7/19.

1611	Tue	Apr 11–June 6	4:50pm–5:35pm
1612	Wed	Apr 12–June 7	12:15pm–1pm
1613	Tue	June 13–Aug 22	4:50pm–5:35pm
1614	Wed	June 21–Aug 23	12:15pm–1pm

\$65 R / \$78 NR

NKCC

### Jazz for Children

**Ages 3–4½ years**

Jazz—it's fun, upbeat, and allows for just enough "free dance." This might be the perfect combination class because ballet techniques are taught through jazz. Start with a simple warm up followed by intros to turns, kicks, and leaps, with time for free form expression. Parents may join us for the last class to watch and take pictures. **Ballet slippers required.** No class 7/19.

2305	Wed	Apr 12–June 7	9:40am–10:25am
2308	Wed	June 21–Aug 23	9:40am–10:25am

\$65 R / \$78 NR

NKCC



## KIRKLAND KIDS TRIATHLON

*"I wanted to tell you how much our two grandchildren enjoyed the Children's Triathlon. They came away with such a sense of pride and accomplishment. It was extremely well organized."*

**This non-competitive, non-timed event provides an excellent opportunity for youth to experience the sport of triathlon.** Athletes participate in 50 yard swim/splash, ½ mile bike, and ½ mile run. Registration will close September 8th. Day of event registration will be available beginning at 10:15am however; participants are encouraged to register prior to the event.

**AGES 3 TO 12 YEARS**  
**SEPTEMBER 9, 2017**  
**JUANITA BEACH**

**Race begins at 11:00am**  
**Check in begins at 10:15am**

**\$32 • Registration #2289**

**Participants will receive swim cap, T-shirt & ribbon**



## Preschool Sports & Fitness

### Ice Skating

Introducing the thrill and athletic challenge of Ice Skating in a fun and safe learning environment. Our professional learn-to-skate staff will teach a progression of skills to ensure safety and provide an understanding of the basic fundamentals of ice skating. Participants will progress toward edge control and more advanced footwork. Whether you are a beginner or would like to enhance your present skill level (figure skating or ice hockey), we encourage children and adults to join. Students will be divided into their skill level and age level. Skates will be provided and helmets are highly recommended.

*Location: SnoKing Ice Arena; 14326 124th Ave NE, Kirkland, WA 98034. Classes include 30 minutes of professional instruction and 30 minutes of practice/free skating time. Registration deadline is two weeks prior to start of first class. Please arrive 1/2 hour before class to get skates on. Please wear warm clothes, jacket and gloves and long socks. No class 5/27.*

#### Ages 4–Adult

2259	Tue	Apr 18–May 30	10:45am–11:45am
2262	Tue	July 11–Aug 22	10:45am–11:45am
\$142 R / \$170 NR		SnoKing Ice Arena	

#### Ages 5–Adult

2260	Wed	Apr 12–May 24	6pm–7pm
2261	Sat	Apr 22–June 10	9:10am–10:10am
2263	Wed	July 12–Aug 23	6pm–7pm
2264	Sat	July 8–Aug 19	9:10am–10:10am
\$142 R / \$170 NR		SnoKing Ice Arena	

### Sweet Dreams Yoga

#### Ages 4–6

Provide your child with a new bedtime yoga routine. This calming class that includes simple yoga exercises and stories will also teach techniques to help your child with relaxation, and self-esteem. **Please bring a yoga mat and dress in comfy clothing (pajama pants and t-shirt suitable, bare feet). Long hair tied back please. No class 5/9.**

1775	Tue	Apr 11–May 16	6:40pm–7:25pm
\$36 R / \$43 NR		NKCC	Instr: Zosia Whittaker



### Little Tumblers 1

#### Ages 3–4

FUNDamental tumbling is geared toward the 3 and 4 year old preschooler. Basic tumbling skills are taught on floor mats. Introduction to low balance beam, bar, and trampoline. The emphasis in this class is placed on coordination, technique, and FUN! **Please dress comfortably in shorts, T-shirts or leotards. No clothing with buttons or zippers.**

1621	Tue	Apr 11–May 16	4pm–4:45pm
1630	Fri	Apr 14–May 19	9:50am–10:35am
1624	Fri	Apr 14–May 19	10:45am–11:30am
1625	Fri	Apr 14–May 19	11:35am–12:20pm
1622	Tue	May 23–June 27	4pm–4:45pm
2258	Fri	May 26–June 30	9:50am–10:35am
1626	Fri	May 26–June 30	10:45am–11:30am
1627	Fri	May 26–June 30	11:35am–12:20pm
\$45 R / \$54 NR		NKCC	Instr: Kari Rohr

1623	Tue	July 18–Aug 15	4pm–4:45pm
1631	Fri	July 21–Aug 18	9:50am–10:35am
1628	Fri	July 21–Aug 18	10:45am–11:30am
1629	Fri	July 21–Aug 18	11:35am–12:20pm
\$38 R / \$46 NR		NKCC	Instr: Kari Rohr

### Little Tumblers 2

#### Ages 4–6

For children with previous tumbling experience only. Review tumbling skills and advance to the next level with additional work on all apparatus. **Please dress comfortably in shorts, T-shirts or leotards. No clothing with buttons or zippers.**

1632	Tue	Apr 11–May 16	4:50pm–5:35pm
1633	Tue	May 23–June 27	4:50pm–5:35pm
\$45 R / \$54 NR		NKCC	Instr: Kari Rohr
1634	Tue	July 18–Aug 15	4:50pm–5:35pm
\$38 R / \$46 NR		NKCC	Instr: Kari Rohr

### Mighty Mite Martial Arts

#### Ages 4–6

Miller Martial Arts Academy introduces Martial Arts to boys and girls. Learn non-violent conflict resolution, better concentration and listening skills, and build coordination, flexibility and self-control. At this age there will never be contact between participants. The last week of class we will have a graduation ceremony to a Mighty Mite White Belt.

*Location: Miller Martial Arts Acdy, 8920 122nd Ave NE, Kirkland. No class 5/27, 5/29.*

1617	Mon	Apr 10–June 5	2:30pm–3pm
1618	Wed	Apr 12–May 31	2:45pm–3:15pm
1620	Sat	Apr 15–June 10	11am–11:30am
\$38 R / \$46 NR		Miller Martial Arts Academy	

# Preschoolers

## Rhythmic Gymnastics

Kirkland Parks teams up with La Luna Rhythmic Gymnastics Academy to bring this beautiful Olympic sport of Rhythmic Gymnastics to the Kirkland community. These introductory classes are offered in a safe, friendly, new studio in your neighborhood. Rhythmic Gymnastics combines the grace and beauty of ballet and creative movement with music. Participants perform athletic tricks with ribbons, balls, hoops, ropes and clubs. Self esteem, discipline, flexibility, dance and artistry, concentration, eye/handz coordination, and aerobic exercise are some of the benefits of this unique sport. Gymnasts learn the basic positions of ballet and do routines with music. **Gymnastics leotard and leggings or tights (in winter) / short white socks (in summer) required.**

*Instructor Arzu Karaali has trained athletes for National and International competitions and has worked with athletes as a choreographer for the 1996 Olympic Games in Atlanta. She was selected seven times "Best Choreographer of the Year" in Washington and was awarded "Coach of the Year" three times by the USA Gymnastics Federation in Region 2.*

Location: La Luna Gym. 11251 120th Ave NE Suite #150  
www.lalunagym.com. No class 5/27, 5/29

## Rhythmic Gymnastics Level 1 Beginners

### Ages 4-5

1650	Mon	Apr 10-May 08	4pm-5pm
1651	Wed	Apr 12-May 10	3pm-4pm
1653	Wed	Apr 12-May 10	4pm-5pm
1655	Sat	Apr 15-May 13	11am-12pm

\$75 R / \$90 NR

1657	Mon	May 15-June 12	4pm-5pm
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\$60 R / \$72 NR

1660	Wed	May 17-June 14	3pm-4pm
1661	Wed	May 17-June 14	4pm-5pm

\$75 R / \$90 NR

1662	Sat	May 20-June 17	11am-12pm
1663	Sat	May 20-June 17	12pm-1pm

\$60 R / \$72 NR

2290	Sat	Apr 15-May 13	12pm-1pm
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\$75 R / \$90 NR

La Luna Gymnastics



## Preschool Kids In Motion

Up and over, under and through, balls and streamers, tunnels and YOU!

Meet friends, build confidence and have FUN developing their large muscle motor skills. This program progresses with your child...they'll be crawling, climbing, balancing, and bouncing!

### Kids In Motion-On My Own

#### Ages 2½-3

Perfect for children transitioning to non-parent participation. This ½ hour class is for children only.

1638	Thu	Apr 13-May 11	9:15am-9:45am
1639	Thu	May 18-June 15	9:15am-9:45am
\$23 R / \$28 NR NKCC Instr: Pamela Fisher			

### Kids In Motion A

#### Ages 2½-3

These 45-minute classes are for children only.

1641	Wed	Apr 12-May 10	10:40am-11:25am
1644	Wed	May 17-June 14	10:40am-11:25am
\$35 R / \$42 NR NKCC Instr: Pamela Fisher			

### Kids In Motion B

#### Ages 3-4

These 45-minute classes are for children only.

1642	Thu	Apr 13-May 11	11:35am-12:20pm
1643	Thu	May 18-June 15	11:35am-12:20pm
\$35 R / \$42 NR NKCC Instr: Pamela Fisher			

Rain or shine, have a playground party to celebrate your special day at the NKCC!

Ages  
1 to 5

PartyTime!

Have an hour of private play time at our outrageously fun indoor playground!

Enjoy the rest of your celebration in your very own private party room!

Applications at: [www.kirklandwa.gov](http://www.kirklandwa.gov)  
under "How Do I?" and select  
"Rent a City Park or Facility"

Reserve Your Special Day!

425.587.3350

2 hours: Resident \$140 / Non-Res \$168  
15 Children Max. • Saturday or Sunday

# AGES 3 TO 6 YEARS • TWO LOCATIONS TO CHOOSE FROM!



## PLEASE NOTE

**Spring Registration opened February 6. Limited Space.  
Fall Registration opens July 12.**

The Pee Wee Soccer League is focused on fun, participation and socialization.

**AVAILABILITY:** Game times will vary each week—parent and child need to be available during the hours of 9am and 2pm on Saturdays.

**Resident \$71 / Non-Resident \$85**

### Location 1 Emerson High Field, 10903 NE 53rd St

<b>Spring</b>	3 to 4 year olds	Sat	Apr 22 – June 10	50033	No program 5/27
<b>Spring</b>	5 to 6 year olds	Sat	Apr 22 – June 10	50034	No program 5/27
<b>Fall</b>	3 to 4 years olds	Sat	Sept 9 – Oct 21	2319	
<b>Fall</b>	5 to 6 years olds	Sat	Sept 9 – Oct 21	2320	

### Location 2 132nd Square Park, 13159 132nd Ave NE

<b>Spring</b>	3 to 4 year olds	Sat	Apr 22 – June 10	50035	No program 5/27
<b>Spring</b>	5 to 6 year olds	Sat	Apr 22 – June 10	50036	No program 5/27
<b>Fall</b>	3 to 4 years olds	Sat	Sept 9 – Oct 21	2321	
<b>Fall</b>	5 to 6 years olds	Sat	Sept 9 – Oct 21	2322	

## Quick Facts about the Pee Wee Soccer League (PWS)

### When will I receive details about my child's team, schedule, etc.?

You will be contacted by a coach at least one week prior to the first day. The coach will provide you with information about game schedule, team name, etc.

### I'd like to be a coach. How do I apply? And, what if my team does not have a coach?

Please email [ssandquist@kirklandwa.gov](mailto:ssandquist@kirklandwa.gov) for more information. Prior soccer experience does help but is not necessary. We handle applications on a first-come, first-serve basis therefore getting your volunteer packet turned in ASAP is crucial. All coaches must pass a background check.

### How are teams formed?

Registration is taken in the order received. Coach's children will be paired with them. Siblings will be placed together. Teams are formed randomly, but we take into consideration gender ratios and ages of the participants.

### Are games played in the rain?

Yes, if it is raining, games will be played as scheduled if the field is in good condition. If the field conditions are poor we will cancel games for the day and reschedule.

### What is the format of the league?

The program meets on Saturday mornings/early afternoons. The program is one hour in duration with the first 20 or 30 minutes of the hour, depending on age division, devoted to practice. The last 30 or 40 minutes are reserved for a friendly, recreational-style soccer game. Game start times will range from 9am to 2pm and start on the hour. For example, week one your game might be at 9am but week two your game might be at 11am.

### What is included with the registration fee? And what equipment do I need to purchase?

Each child will receive a t-shirt to wear during the season and a participant medal at the end of the season. Shin guards are not provided but are required. Cleats are optional but recommended.

